Love + Basketball= 2 Thumbs Up!

The movie Love and Basketball is the epitome of a great teenage love that blossomed into a beautiful romance over time. Of course there was some heartache and pain in the movie, but what relationship does not have trials and tribulations? Sanaa Lathan, who is one of my favorite actresses, executed her performance in this movie. In each scene, Lathan gave her all, as did her co-star Omar Epps. This man has so much sex appeal that he was not afraid to use it in the movie. Any woman would love to have him. The two stars together had so much chemistry on camera that it seemed as if they could have had a true life romance.

This movie first started out when young Monica Wright, who was played by Kyla Pratt and young Quincy McCall aka Q, who was played by Glenddon Chatman, met when they were ten years old, when Monica moved next door to Q from Atlanta, Georgia. They both shared something in common, love for the game of basketball. The two later on became best friends, but the whole “Best Friend” vibe went out the window when Q and Monica, now played by Epps and Lathan, crossed the line and had sexual relations for the first time. You must see the movie to see if their love for the game and for each other overcame the certain obstacles that got in their way.

The director and writer of this movie, Gina Prince-Bythewood, was creative with her story flow. I loved how she went from one scene of the movie to the other by setting up the parts of the movie in “Quarters”. She incorporated basketball with the changing of scenes of the
movie. Prince-Bythewood also did a good job with the setting of the movie. She took the movie back to the eighties and brought it up to the current year, which was 2000. I feel that Prince-Bythewood wrote this movie for a purpose. I think her purpose for writing and filming this movie was to show that love can conquer all things, if it is strong enough. I am a real sucker for romance because all throughout the movie I was either making puppy dog faces or just saying “Awwww!”

This movie may appeal to a certain audience. Since this movie is basically a “chick flick”, I would recommend it to young women. Some men would probably like the movie since it has basketball in it and plus some men do like a good love story. Now, I would say that anyone, the age of fourteen and above, would like this movie. Yes, even sixty-five year old women may like it because my aunt does! The reason why a teenager should be at least fourteen to see this movie is because the content of this movie is somewhat explicit. There is one sex scene, mild nudity, and also mild profanity throughout the movie.

I loved each and every moment of *Love and Basketball*. This movie makes me have so many emotions. One moment I am laughing, and the next moment I get sad and have the urge to cry! This movie had my undivided attention!

Other movies that many of people will like that relates to *Love and Basketball* are *The Best Man* and *The Wood*. Both Epps and Lathan play in *The Wood* and like in *Love and Basketball*, both of them are love interests in this movie. Lathan also plays in *The Best Man*, which is also an awesome movie to watch! Like *Love and Basketball*, these two movies have drama, romance and comedy.
I am sure you will enjoy both of my two favorite actors! They did such a great job in this movie with their on camera chemistry. Do not forget that *Love and Basketball* is a must see because from me it gets two thumbs up!